

Roger Ostrander, M.D.

ANDREWS
ORTHOPAEDIC & SPORTS MEDICINE CENTER

Orthopaedics & Sports Medicine

Specializing in the treatment of orthopaedic and athletic injuries using the latest technology and state of the art equipment.

Roger V. Ostrander, M.D., is a board certified orthopaedic surgeon with additional subspecialty training in arthroscopic surgery and the treatment of sports-related injuries.

Dr. Ostrander earned a bachelor's degree in Biology at Bowdoin College where he was a Cum Laude graduate. He received his medical degree at Boston University School of Medicine where he graduated Magna Cum Laude and was a member of the Alpha Omega Alpha Medical Honor Society.

He performed his orthopaedic surgery residency at the University of California, San Diego. While in San Diego, he also completed a one year musculoskeletal research fellowship.

He then completed a Sports Medicine fellowship at the American Sports Medicine Institute (ASMI) in Birmingham, AL. As a fellow, Dr. Ostrander worked side-by-side with renowned orthopaedic surgeons Dr. James Andrews and Dr. William Clancy. The fellowship provided Dr. Ostrander with intensive exposure to all aspects of non-operative and operative musculoskeletal patient care. His team physician experience included coverage of Auburn University football and athletics, Birmingham Barons AA baseball, Alabama

Slammers minor league ice hockey and Mountain Brook, AL high school athletics.

Following his fellowship year, Dr. Ostrander was invited to work at the Andrews Institute in Gulf Breeze, FL where he continues to work with athletes as team physician for the Pensacola Ice Pilots, The University of West Florida and West Florida High School. Dr. Ostrander is also the team physician for the United States National Indoor Lacrosse Team.

As a clinical instructor at the Andrews Institute, he takes part in clinical research and assists in the instruction of the Andrews Institute sports medicine fellows. Dr. Ostrander also holds an academic appointment at the Florida State College of Medicine as a Clinical Assistant Professor.

When surgery is necessary, Dr. Ostrander often utilizes minimally invasive, arthroscopic techniques. This approach reduces post-operative recovery time and allows an early return to work and play. Dr. Ostrander's surgical interests include arthroscopic and open treatment of knee, ankle, shoulder, and elbow injuries, joint replacement surgery, fracture care and general orthopaedics. In addition, he holds certification in the treatment of cartilage injuries in the knee with articular cartilage implantation and repair.

Dr. Ostrander has published several scientific articles in peer-reviewed journals and has presented this research at numerous national and regional meetings. He has received a number of awards related to his research and academic pursuits.

Dr. Ostrander is a member of the American Academy of Orthopaedic Surgeons, the Arthroscopy Association of North America, and the American Orthopaedic Society for Sports Medicine.

A native of Watertown, CT, Dr. Ostrander resides with his wife and three children. In his spare time he enjoys golfing, fishing and other outdoor recreational activities.



Education

**American Sports
Medicine Institute**
Sports Medicine Fellow

**Univ. of California,
San Diego**
Orthopaedic Surgery
Residency

Boston University
Doctor of Medicine

Bowdoin College
B.A. Biology

Clinical Interests

Arthroscopic
Surgery

Sports Medicine

Joint Replacement

Fracture Care

General Orthopaedics

Specialist In The
Treatment Of
Shoulder, Knee and
Elbow

ANDREWS ORTHOPAEDIC & SPORTS MEDICINE CENTER

1040 Gulf Breeze Parkway
Suite 200

Gulf Breeze, FL 32561

Phone: (850) 916-3700

Fax: (850) 916-3710

www.AndrewsOrtho.com