

Erik C Nilssen, M.D.

Orthopedic Ankle Surgery and Athletic Injuries

Athletes from all walks of life now have access to the latest surgical equipment and techniques in orthopaedic care.

Erik C. Nilssen, M.D., is an orthopedic surgeon with specialty training and focus on Ankle, Foot and Athletic Injuries. He is the first to complete both a Sports Medicine and Foot & Ankle Fellowship at the American Sports Medicine Institute (ASMI) under the direction of Dr. James Andrews.

As a fellow, Dr. Nilssen worked side-by-side with renowned orthopedic surgeons Dr. James Andrews, Dr. William Clancy, Dr. Jeff Dugas, and Dr. Lyle Cain. The fellowship provided Dr. Nilssen with intensive exposure to all aspects of non-operative and operative musculoskeletal patient care.

Specifically, he has treated various athletes on the professional, collegiate, and high school level. His team physician experience included coverage of Auburn University football, Jacksonville State University team athletics, Tampa Bay Rays spring training, Birmingham Barons AA baseball, and Bessemer Academy high school athletics.



Following his fellowship year, Dr. Nilssen stayed at the American Sports Medicine Institute and completed a second fellowship in Foot & Ankle. He worked with well known surgeons Dr. John Kirchner and Dr. Angus McBryde. The fellowship not only provided Dr. Nilssen with exposure to all aspects of foot and ankle disorders, but gave him experience in arthroscopic ankle fusions and total ankle replacements.

Following his fellowship year, Dr. Nilssen was invited to work at the Andrews Institute in Gulf Breeze, FL where he continues to work with athletes at various levels. As a clinical instructor at the Andrews Institute, he is unique in that he brings a sports medicine mentality into the foot and ankle subspecialty. Dr. Nilssen takes part in clinical research and assists in the instruction of the Andrews Institute sports medicine fellows.

In addition to experience in the treatment of the shoulder, elbow and knee under the guidance of Dr. James Andrews, Dr. Nilssen's primary surgical interests include arthroscopic and open treatment of all foot and ankle disorders. This combination of training and experience make Dr. Nilssen truly a uniquely gifted surgeon, and the only doctor in the Emerald Coast Region with his special combination of skill and experience.

Dr. Nilssen has published numerous scientific articles in peer-reviewed journals and has presented at national and regional meetings.

Having embraced the "Andrews Philosophy" from his friend and mentor, Dr. James Andrews, his goals are to develop a Foot & Ankle fellowship at the Andrews Institute, and enhance his expertise in foot and ankle disorders.

Dr. Nilssen resides in Gulf Breeze, Florida with his wife and son. In his spare time he enjoys golf, tennis, boating and family outings.

ANDREWS

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Education

Auburn University
B.S. Nutrition Science
Graduated Cum Laude

**University of South Florida
College of Medicine, Tampa, FL**
Doctor of Medicine

**McGill University
in Montreal, Canada**
Orthopaedic Surgery Residency

Fellowship Training
American Sports Medicine Institute
Sports Medicine Fellowship
Foot & Ankle Fellowship

Associations

American Academy
of Orthopedic Surgeons

Arthroscopy Association
of North America

American Orthopedic
Society for Sports Medicine

American Orthopedic
Foot and Ankle Society