

Christopher P. O'Grady, MD

Andrews Orthopaedic Surgery and Sports Medicine Center
1040 Gulf Breeze Parkway, Suite 200
Gulf Breeze, FL 32561
(850)916-3700

**Chairman of the Division of Orthopaedic Surgery- Baptist Health Care System,
Pensacola,FL January 2010-Present**

Undergraduate Education:

Georgetown University
Washington D.C.
Physics Major
Bachelor of Science, 1992

Research:

Lombardi Cancer Center
Georgetown University
Microbiology Lab Technician, 1992-93

Medical Education:

Georgetown University School of Medicine
Washington D.C.
Doctor of Medicine, 1997

Orthopaedic Residency:

1997-2002
Albert Einstein College of Medicine/
Long Island Jewish Medical Center
Department of Orthopaedic Surgery
New Hyde Park, NY

Board Certified Orthopaedic Surgeon: Part I-July 2002, Part II-July 2004

ABOS Subspecialty Certificate in Sports Medicine November 2007

Military:

US Navy 2002-2006
Pensacola Naval Hospital
Department of Orthopaedic Surgery
LCDR-Staff MD

Orthopaedic Practice

Andrews Orthopaedics and Sports Medicine Center
The Andrews Institute
Gulf Breeze, FL
September 2006-Present

Appointments:

University of Southern Alabama
Department of Orthopaedic Surgery
Adjunct Assistant Professor

Awards/Honors:

Intern of the Year
Long Island Jewish Medical Center
Department of General Surgery, 1997-1998

American Orthopaedic Association-Zimmer Resident
Travel Award for Orthopaedic Research, June, 2001

Journal of Bone and Joint Surgery / Orthopaedic Research
and Education Foundation Resident Journal Club
Grant 2001-2002

North Shore/Long Island Jewish Department of
Orthopaedics, Research Day, Moderator, May 14, 2010

Arthroscopy Instructor:

2010 International Shoulder, Hip, and Knee Arthroscopy
Course, Instructor, Havana, Cuba March 28-April 3

2009 Fall Shoulder Course, Mitek, November 7-8

2008 AANA Fall Meeting, November 20-22
Shoulder and Knee Course Faculty

2007 AANA Winter Course, January 11-13, 2007
Shoulder, Knee, and Hip Course Faculty

2006 AANA Fall Meeting, November 9-11
Shoulder Course and Knee Course Faculty

Masters Experience-Arthroscopic Surgical Skills Series
Orthopaedic Learning Center, Rosemont , IL
Associate Masters Instructor-Knee Cartilage Course
September 8-10, 2006

Masters Experience-Arthroscopic Surgical Skills Series
Orthopaedic Learning Center, Rosemont , IL
Associate Masters Instructor-Shoulder Course
April 7-9, 2006

2005 AANA Fall Meeting , December 1-3
Shoulder Course Faculty

2004 AANA Fall Meeting, December 2-5
Shoulder Course Faculty

2002 AANA Fall Meeting, November 16-20
Knee Course Faculty

Professional Associations: American Association of Orthopaedic Surgeons-
Fellow

Arthroscopy Association of North America-
Active Member

Florida Orthopaedic Society
Active Member

Society of Military Orthopaedic Surgeons-
Active Member

Team Associations: Foley High School Football
Foley, AL
Orthopaedic Team Physician 2007-Present

Blue Angels Flight Demonstration Squadron
US Navy, Pensacola, FL
Orthopaedic Consultant, 2002-2006

Pensacola Ice Pilots-ECHL Hockey
Pensacola, FL
Associate Orthopaedic Team Physician 2006-2007

Nassau Community College Football Team
Garden City, NY
Assistant Orthopaedic Team Physician 2002

Manhasset High School Football Team
Manhasset, NY
Assistant Orthopaedic Team Physician 1999-2002

Lectures/Presentations:

James Andrews Injuries in Football Course
2011 Faculty
Sports Injuries in the Hip
Gentiva Physical Therapy Conference
2011 Faculty
Shoulder Surgery-State of the Art

James Andrews Injuries in Football Course
2010 Faculty
Sports Injuries in the Hip, Acromioclavicular Injuries and Treatment

James Andrews Injuries in Football Course
2009 Faculty
Acromioclavicular Injuries and Treatment

James Andrews Injuries in Football Course
2008 Faculty
Surgical Treatment of Shoulder Instability

James Andrews Injuries in Football Course
2007 Faculty
Labral Tears in the Shoulder

O'Grady C, Mims TT, Marwin SE, Grande DA. Effects of Dietary Supplements on Cartilage Metabolism and Its Potential Role in Osteoarthritis. Paper 240, 46th Annual Meeting, Orthopaedic Research Society, Orlando, FL. March 14, 2000.

O'Grady C, Marwin SE, Grande DA. Effects of Glucosamine, Chondroitin Sulfate, and Manganese Ascorbate on Cartilage Metabolism. Scientific Day, Department of Orthopaedics, University of Liverpool, Liverpool, England. July, 2000

O'Grady C, Marwin SE, Grande DA. Effects of Glucosamine, Chondroitin Sulfate, and Manganese Ascorbate on Cartilage Metabolism. Paper S60 and Poster P35. 31st Annual Meeting, Eastern Orthopaedic Society, Lake Buena Vista, FL. October, 2000.

Watnik N, **O'Grady C**, Dantuluri P. Dorsal Anti-glide Plating for Stable Weber B Fractures of the Lateral Malleolus. Orthopaedic Trauma Association Annual Meeting, San Antonio, TX. October 2000

O'Grady C, Marwin SE, Grande DA. Effects of Glucosamine, Chondroitin Sulfate, and Manganese Ascorbate on Cartilage Metabolism.

Paper 157, 68th Annual Meeting, American Academy of Orthopaedic Surgeons, San Francisco, March 2001

O'Grady C, Marwin SE, Grande DA. Effects of Glucosamine, Chondroitin Sulfate, and Manganese Ascorbate on Cartilage Metabolism. 31st Annual Residents Conference, Hershey, PA, April, 2001

O'Grady C, Marwin SE, Grande DA. Effects of Glucosamine, Chondroitin Sulfate, and Manganese Ascorbate on Cartilage Metabolism. 114th Annual Meeting, American Orthopaedic Association, Palm Beach, FL, June 2001

O'Grady C, Marwin SE, Grande DA. Effects of Glucosamine, Chondroitin Sulfate, and Manganese Ascorbate on Cartilage Metabolism. Society of Military Orthopaedic Surgeons 43th Annual Meeting, Vail, CO, December 2001

O'Grady C, Almy J, Menzies R. Toxic Shock Syndrome as a Complication of Fracture Blisters. Society of Military Orthopaedic Surgeons 45th Annual Meeting, Honolulu, HI, December 2003

O'Grady C, Simpson B. One-stage Bifocal Femoral Lengthening Osteotomy for Leg length Inequality. Society of Military Orthopaedic Surgeons 45th Annual Meeting, Honolulu, HI, December 2003

Publications:

Minniti C, Luan D, **O'Grady C**, Rosenfeld R, Oh Y, Helman L. Insulin-like Growth Factor II in Myoblasts Induces Phenotypic Changes Typical of the Malignant Phenotype. Cell Growth and Differentiation; Vol. 6, pp 263-9, March 1995

O'Grady C, Grande D, S.Marwin. Chondroprotection and Gene Expression Effects of Nutritional Supplements on Articular Cartilage. Osteoarthritis and Cartilage 8 [Suppl.B]: S34-35, 2000

O'Grady C, Almy J, Menzies R. Toxic Shock Syndrome as a Complication of Fracture Blisters. A Case Report-pending